



Sausage Bake

An easy one dish meal

Prep Time 5 mins
Cook Time 45 mins
Servings Family of 5

If An easy recipe to switch or
add different vegetables as
preferred

Ingredients

11 pkg sausages or 3 large sausages
1/2 cup beef broth + 1/2 cup water
1pkg gray mix (2 tbsp)
Salt & Pepper
1 tsp oregano
1 clove garlic, sliced thin
1 onion, diced
3 med potatoes
2 cups, quatered mushrooms
1 sweet potato/yam
5 sticks, asparagus, halved
4 med carrots, peeled and large
slices
1/2 cup shredded cheese

Procedure

- 1.Preheat oven at 350F
- 2.Slice sausages into thick slices,
place in greased 9x13 pan
- 3.Place all the veggies in a bowl,
toss with garlic, salt & pepper, and
oregano with 1/2 tbsp oil.
4. Spread evenly in pan. Pour extra
oil and seasonings over top, left in
the bowl.
- 5.Pour broth into pan.
- 6.Bake for 35 mins.
- 7.Mix together water and gravy mix
together
- 8.Take out, flip everything. Pour in
gravy mixture. Place back in oven
for 5-10 mins to thicken the gravy